

Sunrise Group Newsletter May 2008

Dear Readers,
Sunrise Greetings!

We are the first and only group in Palestine providing moral support for women living with cancer. Our group was founded in 2000 under the auspices of Patient Friends Society Jerusalem (PFS).

We are living with cancer and are from the West Bank and Jerusalem area. Our ages range between 36-73 years.



Sunrise aims

To "Break the silence"-talking about the need for awareness and education, and the importance of early detection of breast disease and to refrain from saying that "breast cancer is a disgrace or that *it is the deadly disease and malignant, God forbid!!*"

Our Services



Hotline (02) 6277990: We respond to inquiries received from the community especially about breast cancer and cancer in general. Calls are answered by volunteers from Sunrise and health professionals.



Reach to Recovery program: Hospital and home visits for the newly diagnosed ladies with breast cancer-trained survivor volunteers provide them with psychological support and boost their morale.

Lymphoedema therapy and exercises are provided by a specialist volunteer physiotherapist, Ms. Marion.

+972 2 6264674 www.pfsjerusalem.org
pfsjer@yahoo.com



Publications we contribute and help edit awareness materials about breast cancer produced by PFS.

Educational Lectures - given to the community about Sunrise experiences with cancer and the ability to live with it and dealing with families during and after treatment.

New! Women diagnosed with cancer who are from the Gaza Strip and West Bank, and treated at Augusta Victoria Hospital, meet with the Sunrise group who assist, support and share their experiences in biweekly meetings!



Sunrise Activities over the past 4 months

- ❖ Monthly meetings
- ❖ Having a party for Mother's day
- ❖ Went to 'Banana land' in Jericho for a day out
- ❖ Self-support program -selling especially made embroidered key rings that have the name of the "Sunrise Group". Proceeds help to cover expenses for the group
- ❖ Nahida, a volunteer in Sunrise was interviewed on PNN Radio in April. She talked about her experiences with breast cancer

Special thanks

For each person who gives their valuable time & effort to support us

→The fund raising lunch earlier this month was a great success. The money we raised will buy prostheses and mammography films.

Please send your donation directly to the Patient's Friend's Society -Jerusalem PO Box 51089, or at our banks:

Arab Bank-Bireh, Palestine
Account No.9030602955710,
Swift code: CRESCHZZ80A

or
Bank Hapoalim, Zahra St., Jerusalem,
Account No. 313413, Bank no.696,
Swift code: POALILIT